

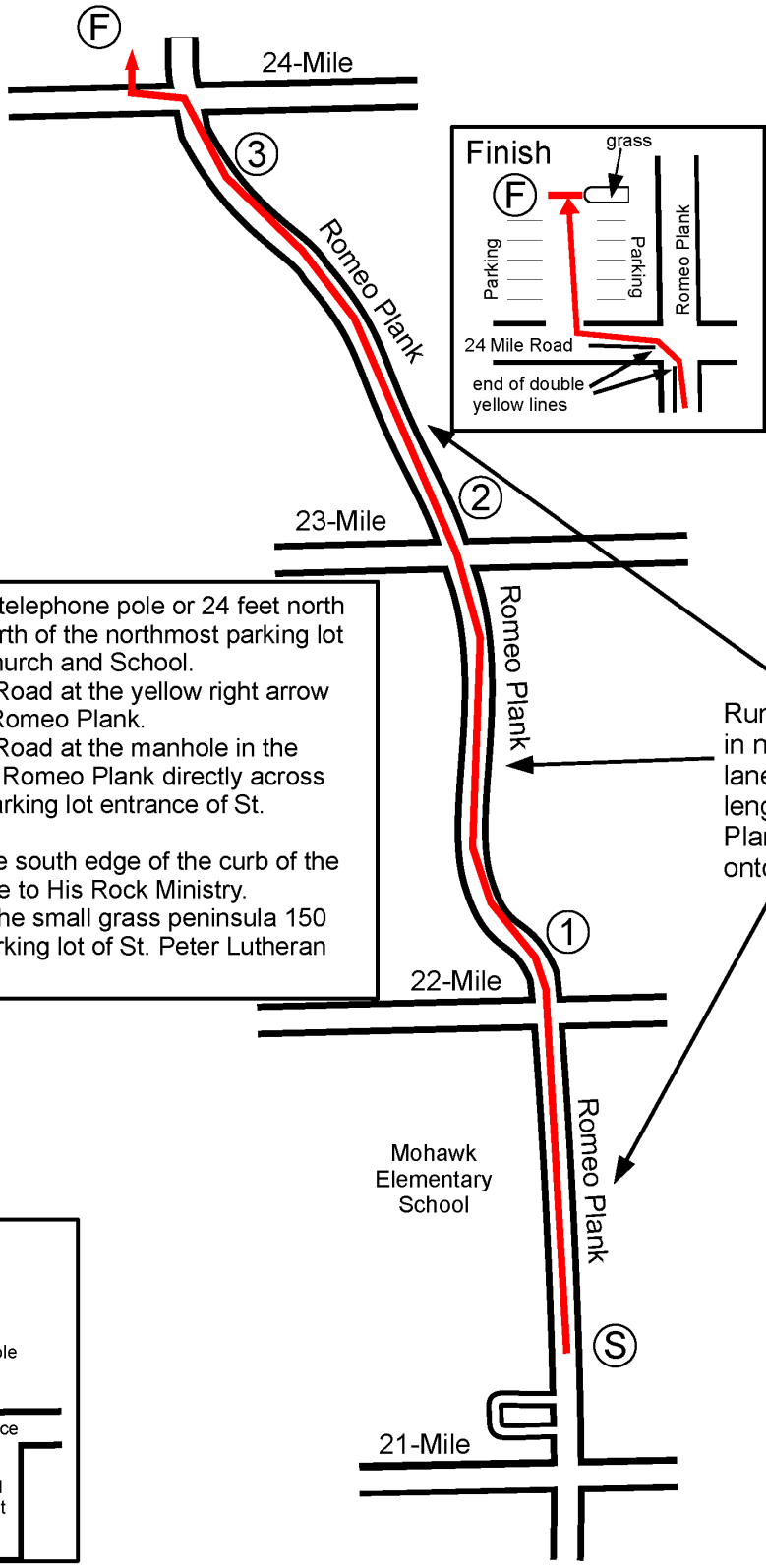
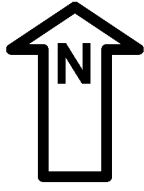
USATF Certification
MI12006MN

Run the Plank 5k Macomb, MI

Effective Dates
29-MAY-2012 to 31-MAY-2022

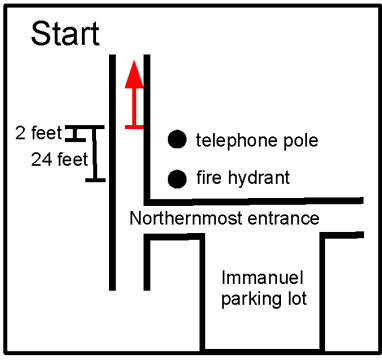


Measured by
Mark Neal
mark@dukerdog.com
19-MAY-2012



Start: 2 feet north of the telephone pole or 24 feet north of the fire hydrant just north of the northmost parking lot entrance to Immanuel Church and School.
Mile 1: North of 22-Mile Road at the yellow right arrow sign on the east side of Romeo Plank.
Mile 2: North of 23-Mile Road at the manhole in the grass on the east side of Romeo Plank directly across from the northernmost parking lot entrance of St. Isadore's Church.
Mile 3: 4 feet south of the south edge of the curb of the south parking lot entrance to His Rock Ministry.
Finish: At the middle of the small grass peninsula 150 feet after entering the parking lot of St. Peter Lutheran Church.

Runners must stay in northbound lanes for the entire length of Romeo Plank until turning onto 24-Mile Road.



Mohawk Elementary School

21-Mile

22-Mile

23-Mile

24-Mile



Road Running Technical Council
USA Track & Field
Measurement Certificate

recognized by



Name of the course Run The Plank 5k Distance 5 km
Location (state) Michigan (city) Macomb
Type of course: road race calibration track Configuration: Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation(meters above sea level) Start 183m Finish 185m Highest 185m Lowest 183m
Straight line distance between start & finish 4800m Drop -0.4 m/km Separation 96 %
Measured by (name, address, phone, & email) Mark Neal
323 Griggs Street, Rochester, MI, 48307, 248-894-3846, mark@dukerdog.com
Race contact (name, address, & phone) Amanda Hohnstadt
Immanuel Church, 47120 Romeo Plank, Macomb, MI, 48044, 248-854-3564, ahohnstadt@immlutheran.org
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: 19-MAY-2012
Race date: 30-JUN-2012 Course certification effective date: 29-MAY-2012
Replaces N/A (if applicable) Certification code: MI12006MN

Notice to Race Director
Use this Certification Code in **all** public
Announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31, 2022.

AS NATIONALLY CERTIFIED BY:

Date: 29-MAY-2012

**Mark Neal : USATF Regional Certifier 323 Griggs St., Rochester, MI 48307 248-894-3846
mark@dukerdog.com**